

Depth Movement Workshops

Katya Bloom

***Discover Your
Articulate Body***



Poetics of FORM ... FEBRUARY 11
Potential of SPACE ... MARCH 10
Inter-play of COMMUNICATION ... APRIL 28
Layers of STORY ... MAY 19

1:30 – 4pm

We work with movement derived from daily life, imbued with new levels of awareness. By listening to your body, and allowing it to ‘speak’, you can experience your own Being more fully.

The workshop is suitable for anyone interested in exploring movement as a creative medium for growth and integration.

single: \$30 series: \$100 *(Each workshop stands alone)*

Katya Bloom, PhD, teaches in the Somatic Depth Psychology program at Pacifica Graduate Institute. She is author of *The Embodied Self: Movement and Psychoanalysis* (Karnac Books), and co-author of *Moves: A Sourcebook of Ideas for Body Awareness and Creative Movement* (Routledge). Katya practiced as a movement psychotherapist in London and taught movement at the Royal Academy of Dramatic Art for 20 years. She now practices in Santa Barbara.

This course meets the qualifications for 10 hours of Continuing Education. credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences (Provider #3888)

More information: **Yoga Soup** – 25 Parker Way, Santa Barbara 93101 805 965 8811

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